

Therapeutics Today

A publication by the National Medicines Information Centre (NMIC)
July 2026



Jump To: [Guidance and Advice](#) | [Irish Medicines in Pregnancy Service \(IMPS\)](#) | [Medication Safety](#) | [Signposting](#)

July 2026 | Issue 7

Welcome to the July edition of Therapeutics Today. This month's issue will highlight information, including guidance and advice, recently published by various organisations. Readers are also reminded of previously published NMIC bulletins, which are available on our website www.nmic.ie.

We welcome any feedback or comments which can be provided using the feedback button below or by emailing the NMIC directly at nmic@stjames.ie.

Guidance and Advice

UK Specialist Pharmacy Service (SPS)

The SPS are a team of pharmacy professionals and support staff commissioned by NHS England to provide advice and guidance on Medicines Optimisation. Recent publications that may be of interest include:

[Minocycline monitoring](#) - last updated 23rd June 2026

[Prescribing and administering intravenous paracetamol safely](#) - last updated 22nd June 2026

[Managing fire risk with emollients and other skin products](#) - published 24th June 2026



[SPS website](#)

National Institute for Health and Care Excellence (NICE)

Evidence-based recommendations for the NHS and wider health and social care sector, developed by independent committees, including professionals and lay members, and consulted on by stakeholders.

[Multiple sclerosis in adults: management \[NG220\]](#) - last updated 3rd June 2026

[Intrapartum care \[NG235\]](#) - last updated 9th June 2026

[Ectopic pregnancy and miscarriage: diagnosis and initial management \[NG126\]](#) - last updated 17th June 2026

[Advanced breast cancer: diagnosis and treatment \[CG81\]](#) - last updated 30th June 2026



[NICE Guidance](#)

British Menopause Society (BMS)

The British Menopause Society (BMS) is the specialist authority for menopause and post reproductive health in the UK. Established in 1989, the BMS educates, informs and guides healthcare professionals, working in both primary and secondary care, on menopause and all aspects of post reproductive health.

The BMS has published the following practical guidance:

[BMS Tool for Clinicians: Menopausal 'brain fog' or dementia? – a practical guide for clinicians](#) – published June 2026

Updated dose tables for estrogen and progestogen prescribing in BMS resources

Based on a BMS consensus review of current evidence, a number of resources have recently been updated to ensure consistency in the tables detailing approximate equivalent estrogen doses and the suggested progestogen doses per licensed estrogen dose when prescribing progestogen and estrogen separately.

[Find out more](#)



Irish Medicines in Pregnancy Service (IMPS)

Irish Medicines in Pregnancy Service (IMPS)

IMPS Insights, from the Irish Medicines in Pregnancy Service (IMPS) at the Rotunda Hospital, is a quarterly broadcast intended to keep health professionals up to date on Medicines in Pregnancy and Breastfeeding. Ideal for bite-sized learning, IMPS Insights offers concise updates, hot topic discussions and multidisciplinary perspectives.

The Summer edition of IMPS Insights includes emerging evidence on GLP-1 receptor agonists, methadone and other treatments for opioid use disorder. Recordings and accompanying supplementary materials are available on the [IMPS website](#).

To stay informed about future editions, updates from IMPS and new resources, readers can join the IMPS [mailing list](#).

[Read more](#)



Medication Safety

Medication Safety Minute

Readers are reminded of the "Medication Safety Minute", a collaborative project undertaken by two hospital consultants and the Medication Safety Facilitator (a pharmacist) in St James's Hospital.

These bite-sized messages, which may also include short videos, are published every week and are available via X @[medsafetymin](#). Recent Medication Safety Minutes are linked directly below and include:

- [Kidney injury – medications to withhold](#)
- [High anion gap metabolic acidosis](#)
- [Co-trimoxazole for the treatment of bacterial meningitis](#)
- [Co-trimoxazole - an unusual adverse effect](#)

[Learn more](#)



Health Products Regulatory Authority (HPRA)

The Health Products Regulatory Authority (HPRA) [website](#) contains the latest regulatory updates on medicines and information on [medicine shortages](#), as well as access to all currently approved product information (e.g., [Summary of Product Characteristics](#) [SmPCs]).

Direct Healthcare Professional Communication (DHPC)

The HPRA has recently published the following important safety information update from UCB Pharma Ireland Limited:

[Levetiracetam \(Keppra\) Oral Solution \(150 ml Bottle for Children Aged 6 Months To 4 Years\): Risk of Medication Error Due To Change of Dosing Syringe](#)

[HPRA Safety Notices](#)



Signposting

Recently published articles that may be of interest can be found below:

Rieder M. [Codeine toxicity via breast milk: Can this occur and implications for opiate therapy in children](#). Br J Clin Pharmacol. 2026;1-5. doi:10.1002/bcp.70639.

Rocca B, Ten Cate H. [Antidotes for anticoagulation reversal](#). *New England Journal of Medicine*. 2026 Jun 11;394(22):2235-54. doi:10.1056/NEJMr2506021. (Accessible by HSE staff on [HSE Library Ireland](#)).

Robaey P, et al. [Advances in the management of ADHD in children and adolescents](#). *BMJ*. 2026 Jun 8;393. doi:10.1136/bmj-2024-082507.

Haddad PM. [Drugs for anxiety: from chloral hydrate to novel therapeutics](#). *The British Journal of Psychiatry*. 2026 Jun;228(6):500-3. doi:10.1192/bjp.2026.10598.

Did you find the July edition of Therapeutics Today informative?



Please share any suggestions/comments that you might have!

Contact Us:
National Medicines Information Centre
St James's Hospital
Emmet House
138-140 Thomas Street
Dublin 8
D08 XN61

✉ nmic@stjames.ie

☎ (01) 473 0589

☎ 0818 727 727